FORKS DINER
PACIFIC NORTHWEST

BREAKFAST

OMELETS

DENVER GF
two cage free eggs with ham, peppers, onions, cheddar cheese
$6.00 480 CALS

PICADO GF
two cage free eggs with pico de gallo, jack cheese, avocado & bacon
$6.00 510 CALS

BUILD YOUR OWN OMELET
two cage free eggs & choice of vegetable, meat, or cheese
$5.75 VEGETABLE | **$5.75** MEAT

CHEESE:
cheddar, pepper jack, american, provolone, swiss

PROTEIN:
bacon, ham, sausage

VEGETABLES:
peppers, onions, mushrooms, broccoli, tomato, spinach

ALL AMERICAN
cage free scrambled egg, smoked bacon, american cheese, biscuit
$5.25 510 CALS

TECATE WRAP
cage free scrambled eggs, sausage, cheddar cheese, pico de gallo, bell peppers, wheat wrap
$5.75 550 CALS

STEAK BREAKFAST BURRITO
chopped steak, cage free eggs, jack cheese, sauteed peppers & onions, seasoned potatoes, wheat tortilla, green salsa
$8.10 670 CALS

GOCHUCHIVE
cage free egg, turkey sausage, white cheddar, gochujang aioli, green onions, plain bagel
$6.25 690 CALS

PATATAS BRAVAS BOWL V GF
seasoned potatoes, salsa brava, cage free fried egg, garlic aioli, chopped cilantro
$5.25 410 CALS

FEATURED

MEDI BREAKFAST BOWL V
breakfast potatoes, cage free over-easy egg, feta, grape tomatoes, sauteed spinach, herby dill aioli
$5.00 420 CALS

OFF TO THE RIGHT START

PUMPKIN OVERNIGHT OATS V
rolled oats, almond milk, pumpkin puree, pumpkin spice, maple syrup, candied walnuts
$4.00 500 CALS

LOADED BREAKFAST BOWL GF
seasoned potatoes, cage free egg, crispy bacon, pork sausage, sauteed peppers & onions, cheddar cheese, pico de gallo
$6.75 530 CALS

OPTIONS

PANCAKES (2) V — $3.50 470 CALS
BACON (2) GF DF — $1.75 131 CALS
SAUSAGE (2) GF DF — $2.50 201 CALS
TURKEY SAUSAGE (2) GF DF — $2.00 120 CALS
POTATOES VG DF — $1.75 90 CALS
EGG OR EGG WHITE V GF DF — $1.25 77-44 CALS

V-VEGETARIAN VG-VEGAN GF-GLUTEN FREE DF-DAIRY FREE CN-CONTAINS NUTS

THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOOD BORNE ILLNESS INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.

FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.